



Volunteer role profile

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#IOSHVolunteer**

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We couldn't
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iosh.



Role:	IOSH External Representative
Directorate:	Marketing, Policy and Insights

Volunteers are crucial to our work. We can't achieve our vision of a safe and healthy world of work without your help, knowledge, and expertise.

Role overview

IOSH External Representatives officially represent IOSH at meetings in the UK and internationally. They champion IOSH's work, promote good workplace health and safety and are appointed by IOSH's Head of Policy and Public Affairs.

As appointed member volunteers, IOSH External Representatives provide technical OSH expertise and formally represent IOSH on specific committees or working groups. They take an active role in discussions, contribute their expertise, and help the committee meet its aims and terms of reference.

Representatives keep in regular contact with IOSH, sharing feedback and insights that support our charitable objectives, strategy, and mission. IOSH members are well placed to build strong relationships across different sectors, and where appropriate, they are encouraged to use these connections to extend IOSH's influence and raise the profile of our policies, campaigns and calls to action.

Contributions from IOSH External Representative help influence the OSH profession and connect diverse professionals to continually develop the world of health and safety – supporting our five-year strategy, ['Activate 2028'](#).

Role responsibilities

- Champion IOSH's expertise, positions and campaigns in assigned meetings and committees to promote good OSH, safe work, wellbeing and sustainable development.
- Stay up to date with IOSH policy positions through quarterly updates and other briefings.
- Attend and actively contribute to assigned committees and



- meetings to support IOSH's vision, mission and strategy.
- Ensure IOSH's reputation, interests and values are upheld.
 - Keep IOSH informed about committee developments, outcomes and your contributions on behalf of the organisation.
 - Prepare for and attend meetings, committees and related events as required.
 - Follow all IOSH organisational guidelines, policies and procedures.
 - Remain politically neutral and avoid expressing party-political views in this role.
 - Use your skills and expertise to provide advice or insights when requested, supporting IOSH's policy development, research, promotion and stakeholder work.

Person requirements

- Ideally CMIOSH or above, with up-to-date CPD and Ethics module completion. Candidates without chartered status will be considered if they have extensive knowledge and experience in their field.
- Expert knowledge in their industry as well as meeting the requirements of the committee or meeting.
- Experience of operating at a senior level and able to advocate, influence and champion ideas confidently
- Build and foster good working relationships with Chairs and members of the committees.
- Excellent interpersonal and communication skills with the ability to work individually and collaboratively in a group.
- An understanding of the challenges of IOSH and the industry in which it operates.
- Able to use technology and common software. For example: Microsoft Teams, Zoom, Outlook - (basic training can be provided if required).

Commitment

- IOSH External Representatives are encouraged to stay in the role for a term of three years to get the most out of the experience.
- Volunteers could be eligible for a second three-year term, (maximum of six years).
- Terms can vary depending on the duration of the committees and meetings.
- The format, duration and frequency of meetings is dependant on the specific committee or meeting the Representative will attend.
- This is a flexible volunteer role and the average number of hours required can vary depending on the requirements of committees or meetings, including preparation time and any tasks or activities that need to be completed.



The role of all volunteers is to uphold our values and align with our strategy, '[Activate 2028](#)' – to champion and support our members and the OSH profession.

Our shared values

We've created a set of [values](#) to inspire and unite the OSH profession.

- **Act with integrity** – we stay true to our beliefs, our dedication to workers' safety and our commitment to continuously champion workers' safety and health.
- **Always be inclusive** – we champion a world of work where everyone can be their **authentic** self and are utterly **committed** to protecting the right for everyone to feel safe and **empowered** in the world of work.
- **Together we innovate** – we **empower** organisations to face an ever-changing and pressurised world through **collaboration** and **communication**. We're committed to developing successful **solutions** that are dynamic and innovative.

What's in it for you

- Broaden your skills, experience, and expertise to progress your career
- Boost your network and connect with OSH professionals worldwide
- Achieve personal growth – increase your confidence, feel valued and part of a team
- Elevate your continuing professional development (CPD)
- Play your part in making workplaces safer and healthier across the world
- Gain prestigious recognition and endorsement from IOSH, highlighting your valuable contributions and active participation in volunteer activities.



Our responsibilities

- Meet our legal duty of care to you as a volunteer.
- Provide an informal induction into your role.
- Reimburse out-of-pocket expenses in line with the appropriate business rule.
- Consult with you about changes that affect your volunteering.
- Treat you with respect, and in accordance with our equality and diversity policy.
- Respond to your queries or concerns as quickly as we can.

Contact

If you would like further information about this role, please email:

Represent@iosh.com.

Version number	Purpose/change	Author	Date
1.0	Transfer to template	Elizabeth Gray	Feb 2026



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The Institution of Occupational Safety and Health (IOSH) is the world's largest professional body for safety and health, and the only one with Chartered status.

We've been around since 1945, and today we're a registered charity with international NGO status. That means we're in a unique position to lead the way: shaping policy, championing positive change, and standing up for everyone's right to a safe and healthy workplace.

With a global community of 50,000 members, spread across 130 countries, together, we share one vision: a world where work is safe and healthy for all.

Through the work of our members, and our qualifications and training, we provide the skills, knowledge, and expertise needed to keep people and workplaces safe - and businesses and economies thriving.

Institution of Occupational Safety and Health
Founded 1945
Incorporated by Royal Charter 2003
Registered charity in England and Wales No. 1096790
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